

Out of Classroom

Erasmus + training
course

15-23 June 2022
Poland



Infopack



Co-funded by the
Erasmus+ Programme
of the European Union



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The organizers

Autokreacja Foundation aims at fostering the active participation in a civil society through various initiatives in the field of social economy. We contribute to the civilizational, cultural and economic development of Poland. We want to put the spotlight on problems of diverse social groups that are often marginalized, that is why we focus on cooperation with long-term unemployed, youth from underprivileged regions, unemployed women, elderly people, immigrants and refugees. Many of our projects were designed to favour multiculturalism and intercultural exchange by bringing together different lifestyles, points of view and philosophies.

Our mission is working towards building more inclusive societies where every individual feels empowered to be a change maker



website: www.autokreacja.org

facebook: [FundacjaAutokreacja](https://www.facebook.com/FundacjaAutokreacja)

instagram: [autokreacja_ngo](https://www.instagram.com/autokreacja_ngo)



The project

Out Of Classroom is an Erasmus+ training course for youth workers (KA1) focusing on rediscovering the principles and methods of non-formal education that can be used while working with young people at risk of exclusion. Non-formal education is an extremely popular concept nowadays - many NGOs advertise their projects as based on participants' active involvement. Despite this, many of the youth workers organizing this kind of activities do not have a proper theoretical basis and understanding of what non-formal education should really entail. Through this training course, we would like to go back to basics and have an in-depth reflection on the concept, discovering what it really means and learning how to design, monitor, and evaluate effective out-of-school projects for youngsters at risk. As a result, we want to our participants to start seeing non-formal education as more than just a buzz word and adopt it as a guiding philosophy that is a basis of their work.

As this project is dedicated to the topic of non-formal education, we will put a lot of emphasis on the crucial concept of self-assessment and monitoring one's individual learning journey. The participants will also have a chance to reflect upon their own existing competences as facilitators and adding new ones to their desired set of competences necessary in their work. Providing participants with a deep knowledge on competences in the beginning of this youth workers mobility will increase their chances to undergo a more effective, efficient, and aware learning process and act as intentional learners throughout the whole training.



Project objectives

- ◆ Exploring the concept of non-formal education and deconstructing the misconceptions around it
- ◆ Reflecting upon the role of facilitators in the projects addressed to young people at risk and sensitizing them to the specific educational needs of those target groups
- ◆ Sharing tools and methodologies and learning how to analyze them critically and adjust them to the specific local context
- ◆ Creating a tool-kit on non-formal education for activists working with youth at risk
- ◆ Building a sustainable network of partner organizations devoted to working internationally



Who are we looking for

Before applying to our training course, please make sure you fulfill the following criteria:

- ♦ actively involved in the work of an NGO (preferably as a staff member) experienced in
- ♦ working with youth at risk
- ♦ open to new methodologies and willing to learn
- ♦ committed to organize dissemination events and provide quality project visibility
- ♦ being able to communicate freely in English (both speaking and writing)
- ♦ being a legal resident in one of the participating countries (Belarus, Cyprus, Georgia, Greece, Hungary, Latvia, Lithuania, Moldova, Romania, Spain, Ukraine)

Apply here

<https://forms.gle/Fx3Ef8DyUZV5SLX38>



Travel and Accommodation

The training will take place in WLADYSLAWOWO, POLAND. We are going to stay at

Dom Kolonijny Irena
Łąkowa 27, 84-120 Władysławowo



In the hotel you are going to be accommodated three people per room with participants of the same gender. Each room has a bathroom.

You are expected to reach the training venue yourself on the June 15th.

The nearest international airport is [GDANSK LECH WALESZA AIRPORT \(GDN\)](#). If there are no suitable connections from your country to Gdańsk, you can also fly to [WARSAW CHOPIN \(WAW\)](#) or [WARSAW MODLIN \(WMI\)](#) and then take a train or a flibus to Gdynia.

The arrival day is [June 15](#)

The departure day is [June 23](#)

From Gdańsk Airport (GDA) to Władysławowo

STAGE 1: Airport - GDYNIA

Take a train directly from the airport to Gdynia, where you will change and take another train to Władysławowa

Important: there is no need to go to Gdańsk city center from the airport, it is the opposite direction, so please make sure you go to GDYNIA



STAGE 2: GDYNIA - WŁADYSŁAWOWO

- ◆ Take a train from GDYNIA to WŁADYSŁAWOWO PORT
- ◆ Here you can check the schedule of the Polish trains: <https://www.pkp.pl/en/>



15.06.2022

First

05:05 > 05:57

00:52 bezpośrednio >



07:03 > 07:55

00:52 bezpośrednio >



08:40 > 09:34

00:54 bezpośrednio >



10:40 > 11:40

01:00 bezpośrednio >



12:42 > 13:32

00:50 bezpośrednio >



14:33 > 15:25

00:52 bezpośrednio >



14:33 > 15:25

00:52 bezpośrednio >



15:40 > 16:28

00:48 bezpośrednio >



16:55 > 17:54

00:59 bezpośrednio >



19:08 > 20:00

00:52 bezpośrednio >



20:33 > 21:21

00:48 bezpośrednio >



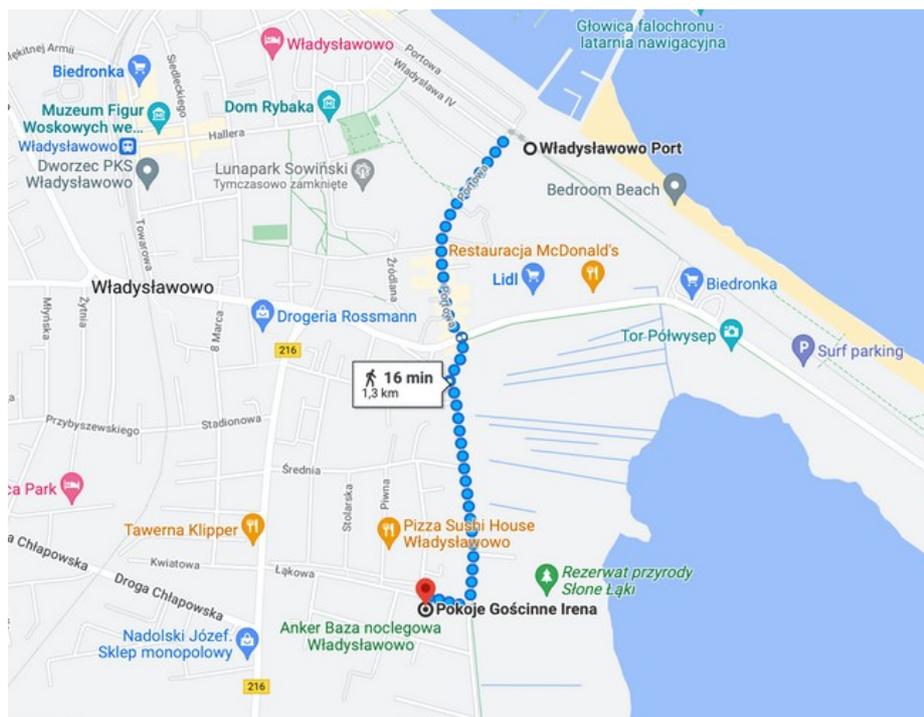
21:55 > 22:43

Last

00:48 bezpośrednio >



STAGE 3: walk to the the venue



From WARSAW CHOPIN AIRPORT (WAW)

Take a bus or a train to WARSZAWA CENTRALNA or if possible WARSZAWA WSCHODNIA.

Schedule: <https://rozkład-pkp.pl/en> _____

Then take a train to GDYNIA (not GDAŃSK) and to WŁADYSŁAWOWO as described above.

You can also check FLIXBUS <https://www.flixbus.co.uk/> (GDAŃSK or GDYNIA).

FROM WARSAW MODLIN (WMI)

Depends on the hour:

- 1) take a bus to the nearest MODLIN train station. (buy the ticket in the machine). and then check the connection from MODLIN or
- 2) Back to WARSAW as fast train do not stop in Modlin.
- 3) There is also FLIX BUS directly to GDYNIA form the airport, but only at 11:00.
- 4) From MODLIN AIRPORT to WARSAW STATION, you can check:
 - train/bus
 - <https://www.contbus.pl> _____
 - UBER – but we do not reimburse it. Only in the late nights hours if earlier confirmed with coordinator.



Reimbursement

Travel costs will be reimbursed depending on your country of residency up to the maximum amount per person as follows:

Belarus 180 EUR

Cyprus 275 EUR

Georgia 275 EUR

Greece 275 EUR

Hungary 180 EUR

Latvia 180 EUR

Lithuania 180 EUR

Moldova 275 EUR

Romania 275 EUR

Spain 360 EUR

Ukraine 275 EUR

Reimbursement conditions:

- ◆ Reimbursement of travel costs will ONLY be done upon full attendance in the training and presentation of the original tickets with boarding passes and receipt/invoices. Unauthorized absence from activities and workshops will not be permitted and if happening, may result in the cancellation of travel costs' reimbursements and/or expulsion from the event.

- ◆ Bring original invoices and tickets, print out e-tickets and keep your boarding passes. Price, currency, name of passenger, date of purchase and travel should be clearly visible on all documents; otherwise we will be unable to reimburse the travel costs. Reimbursement will be based on real travel costs.
- ◆ If you wish to travel on other dates as the project's dates, please ask for confirmation before booking the tickets (we accept travel 2 days before the event and 2 days after the event under the condition that no stop-overs are done on the travel). The accommodation and food expenses during the extra days will not be covered by the organizers.
- ◆ Reimbursement will be done in EUR, regardless of the currency indicated on the ticket and receipt/invoice. Any tickets purchased in a local currency other than EUR, will then be converted and calculated accordingly to Polish National Bank rate exchange.

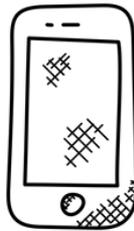
COVID ISSUES

Poland has fully opened its borders. From 28.03.2022 there is no obligation to fill in the Passenger Locator Form (PLF) before arriving in Poland.



Weather

June in Poland is typically quite warm (20-25 degrees) but sometimes it can get colder, it is also possible that it is going to be windy and/or windy since we are going to stay at the seaside. Make sure to bring warmer clothes, rainproof jacket and comfortable shoes. We also recommend you to check the weather forecast couple of days before arriving in Poland.



Phones and internet

The international access code for Poland is +48. The outgoing code is 00 followed by the relevant country code (e.g. 0048 Poland).

We will have internet in the venue but wi-fi is also available pretty much everywhere.

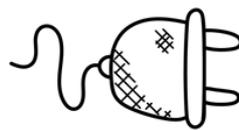


Food and water

Food expenses (breakfast, lunch, dinner and coffee breaks) are covered by the project and managed by Autokreacja. Vegetarian food is available, but organizers should be informed about no later than one week before arrivals.

If you want to try some typical Polish dishes you may find that Polish food is hearty and filling, with thick soups and sauces, abundant in potatoes and dumplings, rich in meat but not so much in vegetables. Characteristic ingredients are dill, marjoram, caraway seeds and wild mushrooms. There are four daily meals in Poland: an early breakfast, a light snack for second breakfast, a substantial dinner taken after work, and a small supper before bed.

Water: tap water is suitable for drinking.



Electricity

Electricity in Poland is 220 VOLTS at 50 Hertz. European plugs should be compatible with Polish ones.



Money

The official currency is Złoty (PLN), divided into 100 groszy. Most major credit cards are appear around the city centre, they are marked BANKOMAT (cash dispenser in Polish). Money can be exchanged at banks, hotels and at the airport but exchange offices, called KANTOR, usually offer better rates. Some of the exchange offices are open 24 hours a day.

The exchange rate as of April 28th is 1 EUR -
4.71 PLN

Coins

1, 2 and 5 zloty and denominations of 1, 2, 5, 10, 20 and 50 groszy.

Notes

The PLN appears in denominations of 10, 20, 50, 100 and 200 zloty.





Communication

Throughout your stay in Poland you are advised to carry your mobile phone with you, so in case you get lost or there is any problem that you encounter you can call us on WhatsApp for assistance:

Kasia Łuczak: (+48) 502 096 593

Kasia Kowalska (+48) 606 704 073

In the beginning of the training we are also going to create a WhatsApp group to keep you updated.

If you have questions that were not answered in this info pack, please send us an email:

Kasia Łuczak (for questions regarding travel and logistics): katarzyna.luczka@autokreacja.org

Kasia Kowalska (for questions regarding the educational content): katarzyna.m.kowalska@gmail.com,